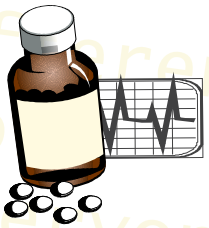
DRUG & ALCOHOL OVERDOSE

Not Moving but IS Breathing



Turn them over onto their side

Continually check they are Breathing

Delay could be DEADLY!

Not Moving & NOT Breathing

Try to get a response

Start CPR
Do 30 compressions on their chest

Tilt their head and give 2 breaths

Keep going
Don't stop
30 Compressions then 2 breaths

Look out for your mates
Don't let anyone be alone

CALL THE AMBULANCE ON 000

ReMemBer.....

Ambulance officers DO NOT tell the police that you or your friends have taken drugs

You have NOTHING to fear by calling the paramedics for help, and you may save a friend's life

Argent Training
www.argenttraining.com.au
0404883145
contact@argenttraining.com.au