INFECTION CONTROL

Ensure Safety for Self and Others

Dial Triple Zero (000) for an Ambulance

HOW TO MINIMISE THE RISK OF EXPOSURE AND CONTAMINATION

HAZARD = EXPOSURE
Airborne - sneezing and coughing
Direct contact - body fluids or contaminated items.

RISK = CONTAMINATION
Being infected by a disease.
Passing on a disease.

FOR FIRST AID

Wash hands with soap and water or apply an alcohol-based hand rub.

Use and wear Personal Protective Equipment (PPE): i.e. disposable gloves for all first aid; masks for CPR; eye protection and plastic aprons to protect from splashing.

Remove PPE carefully.

Dispose of PPE, used dressings, bandages and infectious waste in an appropriate bin or container.

Wash your hands thoroughly with soap and water.

WASH HANDS

USE PROTECTION

CAREFUL DISPOSAL AND CLEAN UP

WASH HANDS

IN GENERAL

Wash your hands regularly, before eating, before food preparation, after toilet use

Immunisation - many diseases are preventable
Practice hygienic food handling and preparation techniques
Avoid sharing food, drinks, and personal items

Wipe away blood and spills
Clean and disinfect
Safely dispose of left over food and other waste

Avoid transmitting infections and contact with body fluids

These methods are
STANDARD PRECAUTIONS
Which are safe practices to be applied for all first aid, regardless of a casualty's infectious status.

Reduce exposure.

Wash your hands.

Use hand rub gel.

Use gloves.

Use CPR mask.

Safe disposal.

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